



THE LIGHTHOUSE

the quarterly newsletter
of St. Dunstan's Episcopal Church
September 2014

Welcome to the new Lighthouse!

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The Lighthouse Has a New Look! We are trying out moving to a quarterly schedule for the Lighthouse. Rather than a vehicle for announcements, which come out weekly in our E-News and printed News & Notes page, the Lighthouse will become more of a parish magazine. It will contain lots of photos, short essays and more descriptive or reflective pieces - reflections on a program, ministry or idea, book reviews, and more. Our next issue is scheduled for mid-November, and will look towards the holidays and the Annual Meeting in January.

We are looking for “talent” to join the Lighthouse team! If you are a writer and would like to share a reflection, book review, or poem - if you'd like to write up a parish event, or interview one of our members and write a short piece about their life and accomplishments - if you have a fantastic photo to share - and especially if you'd enjoy helping with editing and layout - please email lighthouse@stdunstans.com or talk to Rev. Miranda at 238-2781. Thank you!

October begins a new season of stewardship...

A few years ago, the Finance Committee and Vestry worked together to develop a framework for reflecting on stewardship throughout the year, based on three four-month “stewardship seasons.” The intention was to help us all think of stewardship more broadly, not as a euphemism for giving money to the church - as it's used in many congregations - but as a way of life that is mindful of all God's gifts and intentional about how we use and care for them. Our cycle of stewardship seasons provides a gentle framework for planning and reflection, and a theological map of the year, alongside our ecclesiastical, administrative, and formation calendars.

With the first Sunday in October, we will begin the season of **Stewardship of Resources**, when we reflect on what we do with what we have. This is the season for pledging and budgeting. It's also a time of giving, for our church (via the grants made by our Outreach Committee) and for individual members as many engage in holiday-season shopping and charitable giving.

Each of our Stewardship Seasons has its own prayer, or collect. Here is the collect for this season:

Loving God, you open your hand and scatter blessings upon all your children. Give us grateful hearts in times of plenty, and faithful hearts in times of want. Stir us with your Spirit, in this and every season of our lives, to use whatever you place in our hands to add to the world's measure of hope, wholeness, and delight. We pray all this in the name of Christ, the Giver and the Gift. Amen.

UPCOMING EVENTS....

CIDER PRESSING

Saturday, September 20, 1:00 - 4:00pm (Drop-in)

At St. Dunstan's Church, 6205 University Ave., Madison, WI

Barb and Jim Lindemann of *Cider House of Wisconsin*, an organic orchard in McFarland, will bring a hand-turned cider press and bushels of apples to press.

Come hang out and socialize - work the press - wash apples - sample cider - gather black walnuts - make wire cages to protect our berry bushes over the winter - and enjoy this celebration of harvest season! Invite a friend or two!

Come prepared to lend a hand! We'll need volunteers to help wash and load the apples, and with pressing and bottling the juice. Kids are very welcome, and can be real helpers! We'll also need strong arms at 1pm and 4pm to help unload and load the press.

APPLES MUST BE PRE-ORDERED BY FRIDAY, SEPTEMBER 12! You can order by signing up at the church or by calling the church at 238-2781 and mailing in a check. Apples cost \$20 a bushel, which will produce about three gallons of juice/cider. You can split an order with a friend. You can also bring your own apples, pears or crab apples to press! (No fallen fruit, please.) Bring a clean jug with a secure lid for your cider, or buy jugs here for \$.30/each.

ST. DUNSTAN'S SHINES!

An all-parish, all-ages TALENT SHOWCASE

"No one lights a lamp and hides it under a basket. Instead, it is put on a lampstand, so it can light the whole house." - Matthew 5:15

Sunday, October 26 ❖ 11am - 1pm ❖ Lunch Included

As we begin our annual Giving Campaign, let's celebrate the riches we share in the gifts and skills of our members!

❖ **Want to be part of the show?** Prepare a poem, a skit, a song, a performance of any kind. *Please: 3 minutes or less, one performance per person (one solo & one group OK), and G-rated!*

❖ **Not a performer?** Bring in a picture you've painted - a sock you've knit - a carpentry, sewing, or cooking project - a piece of writing - anything you'd like to share! We'll have a Talent Showcase in the Gathering Area to enjoy.

SIGN UP IN THE GATHERING AREA TO LET US KNOW HOW YOU'LL PARTICIPATE!

Questions? Call the office (238-2781) to learn more!



*Don't miss the St. Dunstan's
50th Anniversary Brunch!*
Sunday, Sept. 21, 9 -10am

Our church building turns 50 this fall, and we're going to party like it's 1964! We'll share memories, hopes, and a festive meal.

Bring your favorite brunch dish to share - casserole, finger sandwiches, fondue, or a lovely Jell-O mold. We have recipes if you need ideas! Look for an event sign-up in the Gathering Area.

Bread for the World Sunday Letter-Writing Sunday, September 28

This year, St Dunstan's Letter-writing Sunday is September 28th. After the 8am service, members can gather in the Chapel to write letters; materials provided. After the 10am service, join us at 11am for an All-Ages Hour (see more on p. 5!) devoted to Bread for the World and learning about hunger together, including letter-writing, music, and art. On Sunday, October 12th, all our letters (including those already sent) will be blessed in our annual "Offering of Letters." Bread for the World is a non-denominational bipartisan organization that follows Jesus by advocating for the poor and hungry, both here and abroad. It is the largest grassroots advocacy network on hunger issues in the United States. Bread for the World's strength comes not from money, but from the many thousands of letters that people of faith write each year concerning poverty and hunger issues that are coming before Congress. St. Dunstan's has long been one of Bread's "covenant churches" and so once each year, members write letters, emails, Tweets, or make phone calls, asking legislators to support key legislation addressing hunger, poverty and food security.

SCHOOL SUPPLY DRIVE - THANKS!

It's time for kids to go back to school---a stressful time for many families facing the burden of added expenses for supplies & clothes. A recent news story reveals that the average family now spends \$100 per student on school supplies, and those numbers go up every year as school budgets are cut and teachers have to ask parents to provide more basic classroom supplies. Recognizing this growing need, **Middleton Outreach Ministry (MOM)** helps out by providing backpacks filled with the supplies needed for students to get the school year off to a great start! Thanks to donations from individuals, businesses, and organizations such as our generous St. Dunstan's congregation, donated school supplies were organized, sorted, and packed into backpacks organized by items needed for grade levels 4K through High School. On August 21-22, backpacks were available to clients who had previously signed up to receive them. Over



600 students were able to select the perfect backpack holding items for their specific grade level. Your generous response to the School Supply Drive enabled so many students to go back to school with the tools necessary for a successful school year. Thank you so much, St. Dunstan's, for contributing to this important MOM program.

UPCOMING MOM EVENTS: The annual FCI Art Show and Auction will be October 16. Art donations are needed; visit fciartshow.com for more information. The Creating for Causes Art Fair will be on December 6 - 7 at the MOM Distribution Center.

NEWS FROM NEWALA

Bishop Oscar's Visit, Sunday, October 12: Bishop Oscar Mnung'a, the bishop of our companion diocese, the Diocese of Newala in Tanzania, plans to be with us on Sunday, October 12, as part of a visit to the Diocese of Milwaukee. We look forward to welcoming him! Hospitality is important in Tanzania, and we want to make sure we welcome him well and joyfully. Rev. Miranda would love to hear your ideas for suitable celebrations, gifts, etc. If you'd like to help plan our welcome or organize gifts for the Bishop, please talk with Rev. Miranda (238-2781, revmiranda@stdunstans.com).



Our Diocese At Work: The Commission on Global Reconciliation of the Episcopal Diocese of Milwaukee met in July to allocate their 2014 funds - a portion of the diocesan budget, funded by parishes like ours. Among many wonderful projects, they allocated funds for two projects in our companion diocese of Newala, in southern Tanzania: \$1370 for training courses for medical staff for the clinic in Lulindi, and \$1038 for solar power for the egg incubators at the Sisters of St. Mary house in Newala. Thanks to the CGR members for their conscientious, faithful work! *Picture: A sewing cooperative, funded by previous years' CGR grants.*



Son Treasure Island

Vacation Bible School

August 10 - 14, 5:30 - 7:30pm

This summer, St. Dunstan's hosted a Vacation Bible School for the first time in many years. Over the course of five days, 27 kids came and participated in our program! Participants included kids from St. Dunstan's and Madison Vineyard Church, friends of our kids, and neighbors and community members. Every evening we fed them a simple, kid-friendly dinner, shared a story about God's love, and did crafts, games, and music. A wonderful moment was when one mom told us her daughter woke up the morning after her first evening of VBS and couldn't wait to come back - and now wants to come to church EVERY day! (We had to confess that it's not always QUITE this much fun.) Huge thanks to Sharon Henes, our fearless organizer; helpers Deanna Clement, Kathy Whitt, Evy Gildrie-Voyles, Cecilie Ballard, Miranda Hassett, Claudia Miran, Dianne McCoy, Gretchen Caballero, and our MVC friends Chris and Christina Roberts. And thanks to all who supported us with encouragement, food donations, and prayers. It was a great success and we'll soon be picking dates for next year!



Picture notes, to the right & at the top of the next page... The waterfall in the meeting room; crafts and crafting; Evy telling the Resurrection story, and a rapt audience; octopus hot dogs!



Fall 2014 Programs for Kids & Families

Sunday School: Second & Third Sundays, during the 10am Service

This year our Sunday School classes will meet on both the second and third Sunday of every month. We have two Sunday school classes. **Our Sunday school class for 3 - 5 year old kids** uses the 'Godly Play' approach, sharing and reflecting on the central stories of our faith, and using simple wooden figures to act out the stories together. **Our Sunday school class for 6 - 11 year olds** uses a curriculum called "Seasons of the Spirit" which is based on the Sunday lectionary, the same Bible lessons we hear in the church service that day. They explore those lessons through discussion, art, drama, and other projects.

Sunday school begins on Sunday, September 14, with registration and a first lesson. We've got new faces among both students and teachers this year, and lots of good times ahead!

Spirituality of Parenting

On the second Sunday of every month, all who seek meaning in the journey of parenthood (whatever the age or stage of your kids) are invited to share lunch, conversation, a simple Bible study, and some topical discussion. Child care and a simple meal provided. Watch for announcements & RSVP requests (to help with food preparation).

Last Sunday Worship & All-Ages Hour **NEW******

On the last Sunday of every month at the 10am service, we follow a simpler and shorter order of worship intended to help children (and adults new to our way of worship) to participate and understand. Rev. Miranda will preach a children's sermon. Following the service, at 11am, all are invited to our new All-Ages Formation Hour, a time to explore our faith together as a community that encompasses folks from age zero to ninety-something.

September 28: Helping the Hungry

October 26: Parish Talent Show (watch for announcements & sign-ups!)

November 30: All About Advent

January 25: We Are The Church Together

No All-Ages Hour on December 28.

Helping Hands: Backpack Snack Pack Prep **NEW******

Our friends at the Madison Vineyard Church, across the parking lot, have a ministry of preparing "Backpack Snack Packs" for children at a local school to take home over the weekend, if they come from a household that isn't able to provide healthy snacks. Our kids (and parents) are invited to help out with this feeding ministry. On the first Sunday of every month, following the 10am service, we will invite willing St. Dunstan's folks to head over and lend a hand with preparing the snack packs for that month.

Picture: A VBS craft and a great reminder: Love Helps!





On a mission...

This summer, two youth from St. Dunstan's - Rachel and Shane, shown, with friends - and two adults, JonMichael Rasmus and John Rasmus, travelled to Buffalo, Wyoming as part of the Mishpack mission trip. They helped build a Habitat for Humanity house, then the youth spent a week hiking in the mountains. Every day included prayer, community-building, and shared reflection on faith. Shane writes, "It's not just a trip, it's a life experience." Thanks to all who supported the trip with donations!

Meal Sharing Ministries

If you enjoy cooking, there are many ways to make it a ministry. Learn more and, perhaps, get involved!

Lotsa Helping Hands Meal Network: Joining this network means that you'll be notified when a family in our parish would welcome a meal. Laura Bloomenkranz writes, "As the saying goes: "life happens", and being able to contribute in some small way to make life a little easier for an individual or family feels so good. We all want to help in some concrete way, and for me, cooking a healthy meal is easy and fulfilling. Sometimes it's just dropping off food, sometimes it's also sitting with people and listening to how things are going. New babies, critically ill family members, surgery, or a death in the family are just a few of the occasions for which people might need extra support and compassion. It's as easy as picking a date from the calendar, planning a meal, and dropping it off."

Porchlight Men's Drop in Shelter at Grace church serves homeless men. Rose Mueller writes, "By doing the Sunday evening meal and Monday morning breakfast I know they are getting a warm meal and my smiling face. I have been doing this for 3-4 years now and truly enjoy it. I know the gentlemen always appreciate the meals that we all provide. I am one of those people that have more time than money and this is why I volunteer. I keep doing this as I want our church to stay connected with Grace Shelter and helping those that are less fortunate I don't think we realize how many people in our area are down on their luck and just need a little helping hand. I always feel so good when I leave the shelter, knowing that I made someone feel a little bit better."

St Francis House Campus Ministry Dinners: Two or three times a year, volunteers from St. Dunstan's provide supper for the Episcopal campus ministry community and their chaplain, the Rev. Jonathan Melton. The lively group of undergraduate and graduate students meet for worship and supper on Sunday evenings throughout the year. Helping out means providing a main dish, side, or dessert for 12 - 15 people; you can drop it at church on Sunday morning for someone else to deliver, but we are welcome - and it is a delight - to join the community for their evening worship and chat with them over the meal to follow. The signup website says, "Thank you for filling our students with nutritious love!"

Interfaith Hospitality Network: About four times a year, volunteers from St. Dunstan's provide food and company for homeless families who are temporarily housed at St. Luke's Lutheran Church in downtown Middleton, as part of the Madison-area Interfaith Hospitality Network program. Simple, tasty, kid-friendly food is much appreciated - but this ministry (like the others) is about much more than the meal. It's an opportunity to share conversation with some of our Madison neighbors who are working hard to find stability, direction, and hope in hard times, and to learn with humility from their experiences.

It all began with an onion....

It all began with meditation on an onion, the peeling of the pearlescent, paper-thin skin, the cutting of the onion, and the organization of the interior flames as it was carefully dissected. Realizing the magnificence of the creation, we don't expect to ever think of an onion in the "normal" sense again!

We enrolled in a Summer Forum Class at the UW entitled "Food, Meaning and Spirituality" lead by Dr. Corrie Norman, Associate Director, Religious Studies Program. The University typically offers two summer forum classes each year, free and open to the community. As we made our way through Michael Pollan's new book, Cooked, we learned about varieties of food prepared in traditional ways, Grandma's way and beyond, with fire, water, air, and earth. We recalled the use of the big pot simmering on the stove, the baking of bread in brick ovens, the sacrifice of the animal, and the fermentation processes of vegetables and cheese. Guest speakers, with varying religious beliefs and backgrounds, introduced traditional concepts of growing, preparing and sharing foods with their communities. Do you know the difference between a dill pickle and a kosher dill pickle? Garlic!

M.F.K. Fisher, a preeminent American food writer, believed that eating well was just one of the "arts of life". She said, "There is a communion of more than our bodies when bread is broken and wine is drunk." Michael Pollan wrote about a new-found need to get into the kitchen and cook for the ones he loved, with the chance to better connect with his teenage son by sharing a meal. Opposite to the values of modern technology of speed, efficiency and uniformity in the fast food industry, our class was introduced to the concept of "Slow Food", currently a youth movement in this country. "What we eat has changed more in the past 40 years than in the past 40,000."-Eric Schlosser

After an hour of lecture each class, we were treated to samples of food from different cultures, cooked in traditional ways, using organic produce. The cooking was done by UW students pursuing interests in Slow Food methods. We tasted pasta dishes from Northern and Southern Italy, succulent sausage prepared without sodium and artificial preservatives, artisan breads, fermented vegetables from Jewish and South Korean cultures, and various cheeses, including Limburger, a first for both of us!

We greatly enjoyed our Summer Forum and walked away with a smile and a quote from Julia Child in our heads, "Learn how to cook--try new recipes, learn from your mistakes and above all have fun."

Judy Kellner and Celia Fine

Some interesting websites:

Cress Spring Bakery: <http://wisconsinfoodie.com/2012/12/21/cress-spring-bakery/>

Peter Reinhart: http://www.ted.com/talks/peter_reinhart_on_bread

Instilling Knowledge: Robert Pierce on Local Food Education and Youth in South Madison: <http://michaelfields.org/robert-pierce-local-food-youth/>

South Madison's Farmer's Market: <http://www.southmadisonfarmersmarket.com/>

Slow Food UW: <http://slowfooduw.com/home/>

The Godmother of Goat Cheese: http://www.uwalumni.com/owsummer09_godmother.aspx

Some shopping adventures:

Cheese: Fromagination, 12 S Carroll St., Madison <http://fromagination.com/>

Meat: The Conscious Carnivore, 3236 University Ave., Madison <http://www.conscious-carnivore.com/>

Bread: Crest Spring Bakery, Dane County Farmer's Market www.cressspringbakery.com

Breads/Pastries: Batch Bakehouse, 1402 Williamson St., Madison batchbakehouse.com

Wood-Fired Pizza: La Fortuna, Verona Farmer's Market <http://www.lafortunapizza.com/>

Coffeehouse/Bistro: Water House, 132 East Lake St., Lake Mills www.waterhousefoods.com

St. Dunstan's Episcopal Church
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www.stdustans.com

Sunday Morning Worship:

8am, without music; 10am, with music
Sunday School at 10am on second & third Sundays
Evening Eucharist, first & third Sundays at 6pm
Sandbox Worship, Thursdays at 5:30pm

All are welcome!

walking in the **WAY**
St Dunstan's Annual Giving Campaign, Fall 2014

Every year in October and November, those who call St. Dunstan's their church home are invited to pledge their financial support for the year ahead - to make a statement of what they plan to give to the church in 2015, so that those who oversee our parish finances can construct a realistic and responsible budget. This church belongs to all of us, and its vitality and sustainability depends on all of us!

This year our Giving Campaign will kick off on **Sunday, October 26**, with our St. Dunstan's Shines! All-Ages, All-Parish Talent Showcase after the 10am service. See page 2 for an announcement with more information about this fun event. We'll wrap up our fall campaign on **Sunday, November 23**, with a pie & quiche brunch between services.

If you don't receive giving campaign materials in the mail by the end of October and you wish to receive them, please call the office at 238-2781.