

## Simple Family Compline, March 2020

*Leader* The Lord Almighty grant us a peaceful night and a perfect end.  
*People* **Amen.**  
*Leader* Our help is in the Name of the Lord;  
*People* **The maker of heaven and earth.**  
*Leader* O God, make speed to save us.  
*People* **O Lord, make haste to help us.**  
*All* **Glory to the holy and undivided Trinity, one God;  
as it was in the beginning, is now, and will be for ever. Amen.**

*Pick a Psalm, and read it however you like -*

- one person reads and others listen*
- one person reads the first part of each verse, the others respond*
- read the whole thing together*

### Psalm 4:6-8

- 6 Many are saying, "Oh, that we might see better times!" \*  
Lift up the light of your countenance upon us, O Lord.
- 7 You have put gladness in my heart, \*  
more than when grain and wine and oil increase.
- 8 I lie down in peace; at once I fall asleep; \*  
for only you, Lord, make me dwell in safety.

### Psalm 91:1-2, 11

- 1 Those who dwell in the shelter of the Most High \*  
abide under the shadow of the Almighty.
- 2 They shall say to God, "You are my refuge and my stronghold, \*  
my God in whom I put my trust."
- 11 For God will give the angels charge over you,  
to keep you in all your ways.

### Psalm 34

- 1 Behold now, bless the Lord, all you servants of the Lord, \*  
you that stand by night in the house of the Lord.
- 2 Lift up your hands in the holy place and bless the Lord; \*  
the Lord who made heaven and earth bless you out of Zion.

*Pick a Scripture, and have somebody read it...*

1. Don't be anxious about anything; rather, bring up all your requests to God in your prayers and petitions, along with giving thanks. Then the peace of God that passes all understanding will keep your hearts and minds safe in Christ Jesus.

*(Philippians 4:6-7, Common English Bible)*

*People*      **Thanks be to God.**

2. Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.

*(Philippians 4:8, New Revised Standard Version)*

*People*      **Thanks be to God.**

3. Come to me, all who labor and are heavy-laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

*(Matthew 11:28-30)*

*People*              **Thanks be to God.**

*Check in...*

**What was hard today?**

**What was good today?**

*Leader*      Into your hands, O Lord, I commend my spirit;

*All*              **For you have redeemed me, O Lord, O God of truth.**

*Leader*      Keep us, O Lord, as the apple of your eye;

*All*              **Hide us under the shadow of your wings.**

*Leader*      Lord, have mercy.

*All*              **Christ, have mercy.**

*Leader*      Lord, have mercy.

*You may say the Lord's Prayer together here, or go on to choose a Night Prayer.*

**Night Prayers - pick one or more! More on the next page...**

A. Be our light in the darkness, O Lord, and in your great mercy defend us from all perils and dangers of this night, for the love of your only Son, our Savior Jesus Christ. Amen.

B. Be present, O merciful God, and protect us through the hours of this night, so that we who are wearied by the changes and chances of this life may rest in your eternal changelessness; through Jesus Christ our Lord. Amen.

C. Circle me, Lord, keep protection near and danger afar.  
Circle me, Lord, keep light near and darkness afar.  
Circle me, Lord, keep peace within; keep evil out.  
The peace of all peace be mine this night,  
in the name of the Holy and Undivided Trinity. Amen.

D. *This one makes a nice back and forth prayer!*

I commend to you, O God, my soul and my body, **my mind, and my thoughts,**  
my prayers, and my promises; **my words, and my works,**  
my going out, and my coming in; **my lying down, and my rising up;**  
my friends and my family, **my country, and all people of the world.**  
All that I am, I commend to your loving care, O God,  
**in the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

*Lancelot Andrewes, 1555-1626*

E. Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. Amen.

F. Blessed are you, O Lord, creator of the changes of day and night, giving rest to the weary, renewing the strength of those who are spent, bestowing upon us occasions of song in the evening. As you have protected us in the day that is past, so be with us in the coming night; keep us from every sin, every evil, and every fear; for you are our light and salvation, and the strength of our life. To you be glory for endless ages. Amen.

## CLOSING

*Leader* Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

*People* **Thanks be to God.**

*You may conclude by blessing each other, saying, "[Name,] may God be the guardian of your body, mind, and spirit."*